Welcome to DCR’s Harold Parker State Forest

One of the oldest properties in the state park system, Harold Parker offers 3,500 acres of park land primarily used for camping, fresh water swimming and hiking.

It is part of the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs. DCR oversees 450,000 acres of parks, forests, beaches, bike trails, waterways, and dams. Its mission is to protect, promote, and enhance the state’s natural, cultural, and recreational resources. To learn about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr.

Designated by a heart symbol, Healthy Heart Trails are pathways or trails used for hiking or walking that are easy to moderate in activity level and intended for routine use to help build a healthy heart.

TRAIL USE GUIDELINES AT HAROLD PARKER
- Stay on designated trails and roads.
- Observe all posted rules and regulations.
- Motorized vehicles prohibited.
- Be alert for other trail users:
  - Hikers: Allow bicyclists and equestrians to pass.
  - Bicyclists: Control your bike, do not skid.
  - Horseback riders: Control your horse.
- Be aware of hunting seasons and wear blaze orange when appropriate.

Deval L. Patrick, Governor
Timothy P. Murphy, Lt. Governor
Jan A. Bowles, Secretary
Richard K. Sullivan, Jr., Commissioner

LEGEND
- Harold Parker State Forest
- Paved Road
- Unpaved Road
- Hunting:
  - Trail
  - Brook
  - Contour Line (50' Interval)
- No Hunting Area

* Gates are in place to discourage motor vehicle use. All other trail users are welcome to travel beyond gate during park hours.